

418317



EST.NO. 391#

3 oz. Crunchy Breaded Fish Portion

LOT: AYJJJLW



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One precooked breaded fish portion (3.0 oz. each) provides 1.50 oz. equivalent meat and 1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, 00/0000).

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Cooking Instructions*:

KEEP FROZEN UNTIL READY TO COOK. Thawing is not recommended – cook from frozen.

Convection oven: Preheat to 400° F. Place frozen product on lightly greased baking sheet, cook for 13 to 15 minutes until crisp. Turn product halfway through bake time for best results.

Conventional oven: Preheat to 425° F. Place frozen product on lightly greased baking sheet, cook for 18 to 20 minutes until crisp. Turn product halfway through bake time for best results.

Microwave cooking is not recommended.

* Cooking times and temperatures may vary substantially. Internal temperature should be at least 165° F. We strive to produce a fully "boneless" product. As with all fish, however, occasional bones may still be present.

INGREDIENTS: 64.2% FISH (ALASKA POLLOCK) 35.8% BATTER & BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, SALT, SUGAR, IODIZED SALT, YEAST, WHOLE YELLOW CORN FLOUR, SOY FLOUR, DEXTROSE, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, EXTRACTIVES OF PAPRIKA, SPICE EXTRACT, SPICE.

CONTAINS FISH (ALASKA POLLOCK), WHEAT, SOY

QUICK FROZEN - OVEN READY

NET WT. 10 LB. (4.54 kg)

CFN/FEI# ##### 391#



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TRIDENT SEAFOODS CORP. 5303 SHILSHOLE AVE. NW, SEATTLE, WA 98107



TRIDENT SEAFOODS CORPORATION

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Product Name: 3 oz Crunchy Breaded Fish Portion
 Brand: Trident
 Manufacturer: Trident Seafoods Corporation

Code No.: 418317
 GTIN: 0 00 28029 18317 7
 Serving Size: 1 piece (85 g/3 oz)

I. Meat/Meat Alternate Component

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
Seafood, Frozen, Fish Portions	1.93	X	0.78	1.505
Total Creditable Amount (rounded down to the nearest quarter (0.25) serving)				1.50

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG yield information

II. Alternate Protein Product (APP)

APP is not creditable for this product.

III. Grains/Breads Component

Please fill out the chart below to determine the creditable servings of Grains/Breads

Creditable Grain Ingredient *	Grams of Ingredient per Serving ¹	Divide	FBG Yield	Creditable Amount
Whole Wheat Flour	13.57	÷	16	0.85
Enriched Wheat Flour	5.28	÷	16	0.33
Whole Grain Yellow Corn Flour	0.09	÷	16	0.01
Totals	18.94	÷	16	1.18
Total Creditable Amount (rounded down to the nearest quarter (0.25) serving)				1.00

* Creditable grains are whole-grain meal/flour and enriched meal/flour.

¹ (Serving Size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

Non-Creditable Grain Ingredient	Grams of Ingredient per Serving	Divide	Portion Size In Grams	% of Total Non-Creditable Grain per Portion ²
Yellow Corn Flour	0.75	÷	85	0.88%
Totals	0.75			

² Non-Creditable Grains must be below 2% of the total formula for the product's grain component to be creditable in school meal programs.

Total weight (per portion) of product as purchased 1 piece (85 g/3 oz)

Total creditable amount of product (per portion) 1.50 servings of equivalent meat and 1.00 servings of equivalent grains

**I certify that the above information is true and correct and that each 3.0 ounce serving of the above product contains 1.93 ounces of Alaska Pollock and contributes 1.50 servings of equivalent meat for Child Nutrition Programs. Each 3.0 oz. serving contains 18.94 grams of whole grains and enriched grain products and contributes 1.00 servings of equivalent grains for Child Nutrition Programs.

Signature

Daria Gerasimova

Printed Name

Director, FSQA Regulatory Product Compliance

Title

10/26/2021

Date

206-297-4619

Phone Number