

Ocean Treasures™ Wild Alaska Pollock WG Breaded Nuggets

TRIDENT CN

PIECE SIZE: UNSIZED

ITEM #

418300

Trident Seafoods is dedicated to the healthy future of America's school nutrition programs. Oven ready, made using once frozen all natural, sustainably harvested genuine Wild Alaska Pollock and Pacific Cod. Coated with NSLP compliant whole grain crispy crumb breading. Slightly seasoned fun shapes for kid appeal. The Genuine Alaska Pollock Producers logo, together with Trident's own source to plate traceability system, is your assurance that the seafood we offer schools has been wild caught sustainably by a modern U.S. fishing vessel in the pristine waters off Alaska. The GAPP logo also guarantees that the portions you buy from Trident are processed at their peak of freshness and once frozen to maintain their mild flavor and natural flaky texture.

AS PACKAGED:

Nutrition Facts

about 40 servings per container
Serving size 4 pieces (113 g/4 oz)

Amount per serving	
Calories	230
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 360mg	16%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 22mg	2%
Iron 2mg	10%
Potassium 331mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Date Code Format: JULIAN
Country of Origin: MADE IN THE USA FROM US AND IMPORTED INGREDIENTS

Method of Production: Excluded - 7CFR60.105(b)
Case Pack: 1/10.00 LB
Case Net Wt.: 10.00 lb (4.54 kg)
Case Gross Wt.: 11.50 lb (5.22 kg)
Package UPC:
Case GTIN: 0 00 28029 18300 9
Case Cube (cu.ft.): 0.54

Coating % Target**: 32.96%
Portion Size Target**: 1 OZ
** Plus or Minus variation natural to the production process
Shelf Life: 24 Months FROZEN
Inner (in)
Master (in) L 15.00 W 9.94 H 6.25
Pallet Ti/Hi: 12 / 7

Ingredients

67.04% FISH (ALASKA POLLOCK AND COD), 32.96% BATTER & BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, IODIZED SALT, SALT, SUGAR, YEAST, WHOLE GRAIN YELLOW CORN FLOUR, SOY FLOUR, DEXTROSE, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, EXTRACTIVES OF PAPRIKA (COLOR), SPICE EXTRACT, SPICE, WATER).
CONTAINS FISH (ALASKA POLLOCK AND COD), WHEAT, SOY.

Handling and Preparation

COOKING INSTRUCTIONS: *
KEEP FROZEN UNTIL READY TO COOK.
THAWING IS NOT RECOMMENDED – COOK FROM FROZEN.
CONVENTIONAL OVEN: PREHEAT TO 425°F. PLACE FROZEN PRODUCT ON LIGHTLY GREASED BAKING SHEET, COOK FOR 18 TO 20 MINUTES UNTIL CRISP. TURN PRODUCT HALFWAY THROUGH BAKE TIME FOR BEST RESULTS.
CONVECTION OVEN: PREHEAT TO 375°F. PLACE FROZEN PRODUCT ON LIGHTLY GREASED BAKING SHEET, COOK FOR 13 TO 15 MINUTES UNTIL CRISP. TURN PRODUCT HALFWAY THROUGH BAKE TIME FOR BEST RESULTS.
DEEP FRY: HEAT OIL TO 350°F. FRY FROZEN PRODUCT FOR 3 TO 3½ MINUTES UNTIL PRODUCT IS GOLDEN BROWN.
MICROWAVE COOKING IS NOT RECOMMENDED.

* COOKING TIMES AND TEMPERATURES MAY VARY SUBSTANTIALLY. INTERNAL TEMPERATURE SHOULD BE AT LEAST 165°F. WE STRIVE TO PRODUCE A FULLY "BONELESS" PRODUCT. AS WITH ALL FISH, HOWEVER, OCCASIONAL BONES MAY STILL BE PRESENT.

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FSQA Director, Regulatory Product
Compliance
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Nutritional information is calculated. Data is based on laboratory analysis, information from ingredient suppliers, and USDA Standard Reference values. This information is believed to be accurate, but no warranty is implied.



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