

PRODUCT DESCRIPTION:

Fresh Bok Choy, bamboo shoots, carrots, celery, cabbage, water chestnuts, and authentic Asian seasonings rolled in a crispy egg roll wrapper

- Fresh vegetables shredded, and egg roll skins made in-house daily
- Easy prep, fry or bake from frozen, or thawed, for an egg roll that is ready in minutes
- Pre-cooked for food safety
- Less on the Label: No High Fructose Corn Syrup, no certified artificial colors, no MSG
- Bulk packed with 72 egg rolls per case
- Can be served as an appetizer, side dish, or entrée for an Asian-inspired meal, mainline or a la carte
- Serve with one of our MINH® Less Sodium Sauces for dipping

**MENU APPLICATIONS:**

- Just the right size for snacking, a value added side, or entrées.
- Pre-cooked for food safety

PREP INSTRUCTIONS:

FOR FOOD SAFETY AND QUALITY HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. HEATING INSTRUCTIONS: Heating times may vary due to equipment variances. Instructions based on 12 Egg Rolls. CONVENTIONAL OVEN (425°F). Heat thawed for 17-18 min. or frozen 25-26 min. Flip product halfway through heating for even heating. DEEP FRYER: (350°F) Fry thawed 4-4.5 min. or frozen 8-9 min. MICROWAVE (1100 watts / 1 piece) Heat thawed 35 sec. or frozen 1min 15sec. CONVECTION OVEN: (350°F) Heat thawed 10-11 min. or frozen 18-19 min. Rotate baking tray halfway through heating for even heating.

Cooking Method	Temp	Time	Instructions
Conventional Oven	425 °F	25-26 MIN	Prepare from frozen state
Conventional Oven	425 °F	17-18 MINUTES	Prepare from thawed state
Convection Oven	350 °F	18-19 MINUTES	Prepare from frozen state
Convection Oven	350 °F	10-11 MINUTES	Prepare from thawed state
Deep Fry	350 °F	4-4.5 MINUTES	Prepare from thawed state
Deep Fry	350 °F	8-9 MINUTES	Prepare from frozen state
Microwave		1 MIN 15 SEC	Prepare from frozen state
Microwave		35 SEC	Prepare from thawed state

INGREDIENTS:

INGREDIENTS: CABBAGE, ENRICHED FLOUR ([BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MALTED BARLEY FLOUR), CELERY, WATER, CARROTS, BOK CHOY, WATER CHESTNUTS, ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BAMBOO SHOOTS, CONTAINS 2% OR LESS OF: SALT, VEGETABLE OIL (COTTONSEED, CANOLA, AND/OR SOYBEAN OIL), SUGAR, MODIFIED FOOD STARCH, SPICE, ROASTED GARLIC, WHEAT GLUTEN, TOASTED SESAME OIL, DRIED ONION, MALTODEXTRIN, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, DRIED WHOLE EGGS, CORNSTARCH. FRIED IN VEGETABLE OIL (COTTONSEED, CANOLA AND/OR SOYBEAN OIL).

SHIPPING INFO / SHELF LIFE:**SHIPPING INFO:**

GTIN (Case):	00035367690397
Gross Weight:	14.06
Net Weight:	13.50
Each Weight:	3.00
Cube:	0.50
Dimensions (LxWxH):	11.5 x 9 x 8.38
Cases/Pallet:	119
Tie:	17
High:	7
Frozen Shelf Life (days):	365
Refrigerated Shelf Life (days):	7

ALLERGENS:

Contains Eggs or its Derivatives, Wheat or its Derivatives, and Sesame Seeds or Derivatives.

NUTRITION INFORMATION:

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Serving Size:	1 egg roll (85g)	-
Serving Size (grams):	85	-
Serving Size (weight oz):	3	-
Eaches/Case:	72	-
Inner Packs/Case:	1	-
Servings/Case:	72	-
Calories:	140	-
Calories From Fat:	40	-
% Calories From Fat:	28%	-
Calories From Saturated Fat:	5	-
% Calories from Saturated Fat:	3%	-
Total Fat:	4.5	6%
Saturated Fat:	0.5	4%
Trans Fat:	0	-
Cholesterol:	0	0%
Sodium:	450	19%
Potassium:	180	4%
Total Carbohydrate:	21	8%
Total Dietary Fiber:	2	6%
Sugars:	2	-
Added Sugars:	1	2%
Protein:	3	-
Vitamin A:	60	6%
Vitamin C:	7	8%
Vitamin D:	0	0%
Calcium:	30	2%
Iron:	1.1	6%
Whole Grain:	0	0%

* Percent Daily Values are based on a 2,000 calorie diet.

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