HOSPITALITY QUICK OATS

Nutrition Facts

Serving per container: about 26

Serving Size: 1/2 cup (45g)

Amount Per Serving Calories: 180

		% Daily Value*
Total Fat:	3.5g	4%
Saturated Fat:	0.5g	3%
Trans Fat:	Og	
Polyunsaturated Fat:	1.5g	
Monounsaturated Fat:	1.5g	
Cholesterol:	0mg	0%
Sodium:	0mg	0%
Total Carbohydrate:	31g	11%
Dietary Fiber:	4g	16%
Total Sugars:	Og	
Includes Og Added S	ugars	0%
Protein:	6g	
Vitamin D:	0mcg	0%
Calcium:	20mg	0%
Iron:	1.5mg	10%
Potassium:	160mg	4%
Vitamin A:	Omcg RAE	0%
Thiamine:	0.2mg	20%
Riboflavin:	0.1mg	6%
Niacin:	0.5mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Storage and Handling Suggestions:

 50^oF to 85^oF with a target temperature

of 70° F with humidity under 50%

More Information:

**365 Days for product performance60 Days against infestation



Brand	Pack	General	Product Descrip	tion
Hospitality	12/42 oz.	Cereal, Hot, Oats, O	Quick	
MFG. Code	GTIN	UPC		
71923-36820	10071923368208	0 71923 36820 1		
Net Weight	Gross Weight	Country of Origin	Kosher	
31.5 lbs.	36 lbs.	USA	Circle V Pareve	9
Shipping Informat	ion:			
Dimensions:	23.375 x 12.938 x 9.688	Cube	1.696	
TI x HI:	6 x 4	(TI = Amount on a Layer)(HI = Number of Layers	High)
Shelf Life:	365 Days from Date of	Manufacture**	Date Code:	Best By
Ingredients:				

ROLLED OATS

Manufactured on shared equipment with products containing: Wheat

Allergens:

None

Benefits:

45g Whole Grains per serving

Preparation:

Servings	Water or Milk	Salt (optional)	Oats
1	1 cup	scant 1/4 tsp.	1/2 cup
6	6 cups	1 tsp	3 cups
18	4 1/2 qts.	1 Tbsp.	9 cups
26	6 1/2 qts.	1 1/2 Tbsp.	13 cups

1. Stir oats into briskly boiling salted water or milk.

2. Cook 1 minute, stirring occasionally.

3. Cover; remove from heat. Let stand a few minutes.

For a creamier texture, put oats and salt in cold water or milk; bring to a boil. Cook as above







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