

**Product Code: 13918** 

# WHOLE GRAIN RICH DINNER ROLL DOUGH

A soft, moist dinner roll made with 51% white wheat flour and a touch of honey for a subtle sweetness. Proof and bake format. Bulk packed.









### **PRODUCT INGREDIENTS**

WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, WHEAT GLUTEN, SUGAR, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYME (CONTAINS WHEAT), ASCORBIC ACID, SALT.

### **ALLERGENS**

CONTAINS: WHEAT MAY CONTAIN MILK, SOY, EGGS AND SESAME

#### **TIPS & HANDLING**

1. PANNING: 48 (6 X 8) FOR CLUSTERS OR 24 (4 X 6) FOR SINGLES ON LINED SHEET PAN. 2. RETARD/THAW TIME: RETARDER: (35°F - 38°F) (1°C - 3°C), 12 - 18 HOURS. ROOM TEMPERATURE: 60 MINUTES. 3. PROOFING: (95°F (35°C), 85% Relative Humidity) FOR 40 - 50 MINUTES. 4. BAKING: RACK OVEN: 375°F (190°C) FOR 12 - 14 MINUTES DECK OVEN: 375°F (190°C) FOR 12 - 14 MINUTES CONVECTION OVEN: 325°F (160°C) FOR 10 - 12 MINUTES.

## **Nutrition Facts**

1 Servings Per Containeı

Serving Size 1 ROLL (60 g)

Amount Per Serving <b>Calories</b>	160
	Daily Value*
Total Fat 3g	
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 29g	10%
Dietary Fiber 3g	12%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 7g	14%
Vitamin D 0.8mcg	4%
Calcium 10mg	2%
Iron 1.6mg	8%
Potassium 100mg	2%
Thiamin	15%
Riboflavin	8%
Folate	6%
* The % Daily Value (dv) tells you how mu in a serving of food contributes to a dail calories a day is used for general nutrition	y diet. 2,000

100g Nutrition Facts	S
Calories	230.935
Protein	9.557 G
Carbohydrates	40.703 G
Sugars	6.022 G
Added Sugars	5.56 G
Sugar Alcohol	0 G
Water	44.634 G
Fat	3.975 G
Saturates	0.642 G
Trans Fat	0.041 G
Cholesterol	0 MG
Fiber	4.563 G
Minerals	
Ash	1.131 G
Calcium	17.174 MG
Iron	2.166 MG
Sodium	192.332 MG
Sodium Thiamin	192.332 MG 0.289 MG
Thiamin	0.289 MG
Thiamin Riboflavin	0.289 MG 0.144 MG
Thiamin Riboflavin Niacin	0.289 MG 0.144 MG 2.492 MG