



# Simplot Simple Goodness Individually Quick Frozen Cauliflower, 2 Pound, 12 Per Case

DOT 346637 GTIN 10071179185017 MFR 10071179185017



**Stocked**

**Product Broker**

Broker information is not available. Contact your Dot CSR with any questions.

**Product Details**

|                                     |                                    |
|-------------------------------------|------------------------------------|
| <b>Temperature</b>                  | Frozen Goods                       |
| <b>How Packed</b>                   | 2.00 LB 12 per case                |
| <b>Shipping Weight / Net Weight</b> | 25.25 lb / 24 lb                   |
| <b>Cube</b>                         | 1.27 ft <sup>3</sup>               |
| <b>Pallet Configuration</b>         | 9 per layer 8 layers 72 per pallet |
| <b>Dimensions</b>                   | 17.13 IN L 11.5 IN W 11.13 IN H    |
| <b>Shelf Life / Guarantee</b>       | 730 days / 45 days                 |
| <b>Certifications</b>               | Vegan Vegetarian                   |
| <b>Country of Origin</b>            | Mx                                 |
| <b>Regulations</b>                  |                                    |

**Features**

Premium-Quality Cauliflower, Known For Its High Fiber And Low Carbs;Hand-Cut For Uniformity And Even Cooking;Compare To Raw Trim Loss Of 45%;Consistent Year-Round Quality And Pricing;Individually Quick Frozen For Easy Portioning And Less Waste

|   |  |
|---|--|
| <p><b>Preparation</b></p> <p>Steam - Steamersteamer1. Arrange One Bag Of Frozen Vegetables In A Slotted Full-Size Steam Table Pan.2. Steam For 4 Minutes.     Microwave - Microwavemicrowave (1100 Watts)1. Place One Bag ...</p> | <p><b>Storage</b></p> <p>Keep Frozen 0F Or Below</p> |
|---|--|

## Ingredients

Cauliflower.

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✔ **Contains**

⚠ **May Contain**

⊘ **Free From**

Molluscs, Tree Nuts, Milk, Crustaceans, Soy, Sesame Seed, Fish, Wheat, Peanuts, Eggs

## Known Dietary Claims

Vegan, Vegetarian

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[Serving Size](#) | 100g**Nutrition Facts****(Unprepared)**

10 Servings Per Container

**Serving Size****94 g****Amount Per Serving****Calories****25**

% Daily Value\*

|                              |           |
|------------------------------|-----------|
| <b>Total Fat</b> 0g          | <b>0%</b> |
| Saturated Fat 0g             | <b>0%</b> |
| Trans Fat 0g                 |           |
| <b>Cholesterol</b> 0mg       | <b>0%</b> |
| <b>Sodium</b> 20mg           | <b>1%</b> |
| <b>Total Carbohydrate</b> 4g | <b>1%</b> |
| Dietary Fiber 2g             | <b>7%</b> |
| Sugar 2g                     |           |
| Added Sugar 0g               | <b>0%</b> |
| <b>Protein</b> 2g            |           |
| <b>Vitamin D</b> 0µg         | <b>0%</b> |
| <b>Potassium</b> 180mg       | <b>4%</b> |
| <b>Calcium</b> 20mg          | <b>2%</b> |
| <b>Iron</b> 0.4mg            | <b>2%</b> |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Notes**

- The actual nutritional label(s), allergens, dietary claims, and ingredients may vary slightly
- The values displayed above are provided by the vendor of the item (J.R. Simplot Company) and are not provided by Dot Foods, Inc.
- Source GTIN: 10071179185017 / Case