



Customer Product Specification

Item Description	43103 - Peas and Diced Carrots Low Sodium 603 x 700 105 oz.		
Issue Date	09/16/2022	Version:	1.3
Approved	SVP – Technical Services		Page 3 of 3

Nutrition Facts

about 24 servings per container

Serving size 1/2 cup (125g)

Amount per serving

Calories 40

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 130mg 6%

Total Carb. 8g 3%

Dietary Fiber 2g 7%

Total Sugars 3g

Includes 1g Added Sugars 2%

Protein 2g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 0.6mg 4%

Potassium 140mg 2%

* The % Daily Value (DV) tells how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

100g Data

Calories	32.58
Total Fat (g)	0.17
Saturated Fat (g)	0.03
Trans Fat (g)	0.00
Cholesterol (mg)	0.00
Sodium (mg)	104.20
Total Carbohydrates (g)	6.45
Dietary Fiber (g)	1.99
Total Sugars (g)	2.62
Added Sugars (g)	0.76
Protein (g)	1.69
Vitamin D (mcg)	0.00
Calcium (mg)	18.25
Iron (mg)	0.50
Potassium (mg)	112.16
Moisture (%)	90.80
Ash (g)	0.90

INGREDIENTS: PEAS, CARROTS, WATER, SUGAR, SALT.

***This product does not require Bioengineered labeling disclosure.**

*** NOT CAMERA READY ART ***

Package Unit	Package Size	Net Weight		Pack Configuration	Servings per Container
		Lb. / Oz.	Grams		
Can	603 X 700	6lb 9oz	2.98kg	6 Count	ABOUT 24

Label Dimensions		
Width	Height	Unvarnished lap
19.625"	6.625"	0.5" RHGL

PROPRIETARY TO SENECA FOODS

Seneca Foods Corporation – Technical Services 418 East Conde Street, Janesville, WI 53546