



Complete pancake mix in an easy, "just add water" format from General Mills. Formulated to produce light and fluffy golden pancakes every time.



Ingredients & Allergens

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEGERMED YELLOW CORN MEAL, DEXTROSE, SUGAR, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE). CONTAINS 2% OR LESS OF: PALM OIL, DEFATTED SOY FLOUR, SALT, MODIFIED WHEY, PROPYLENE GLYCOL MONO AND DIESTERS, SOY LECITHIN, MONO AND DIGLYCERIDES, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVOR, COLOR ADDED, EGG.

CONTAINS WHEAT, SOY, MILK AND EGG INGREDIENTS.

Product Information:

PRODUCT CODE:	11030000
UPC:	16000110304
GTIN:	10016000110301
UNIT SIZE:	5
CASE COUNT:	6
ATTRIBUTES:	Zero Trans Fat

Preparation Instructions

UN Please refer to the product packaging for baking instructions.

Package Information:

NET WEIGHT:	N/A
VOLUME:	1.1 CF
HEIGHT:	10
LENGTH:	15.7
WIDTH:	6
CASE SIZE:	11.8

Nutrition Facts

Serving Size	2/3 cup mix makes 2 - 4-1/2" pancakes (86g)		100g (100g)
Calories	As Packaged		As Packaged
	300		354
	% DV		
Total Fat	3g	4%	3g
Saturated Fat	2g	6%	1g
Trans Fat	0g		0g
Cholesterol	0mg	-	0mg
Sodium	1060mg	46%	1237mg
Total Carbohydrate	63g	23%	74g
Dietary Fiber	2g	8%	2g
Total Sugars	9g	-	10g
Incl. Added Sugars	7g	15%	9g
Protein	6g		7g
Calcium	60mg	4%	66mg
Iron	4mg	15%	4mg
Potassium	140mg	4%	164mg
Water	-	-	10g
Ash	-	-	6g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

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Product Photos:



